

# Lorica

**Lorica** is a Latin word literally meaning body armour and may refer to one of the following:

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One of a number of types of Roman armour:

A hauberk of chainmail: Lorica hamata.

A shirt of metal scales: Lorica squamata.

A shirt of ribbed scales resembling feathers: Lorica plumata.

A cuirass of metal plates: Lorica segmentata.

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Lorica, was the name given by the Romans to the historic city now known as Loriga, Serra da Estrela in central Portugal.

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